



## Microplastic ingestion in the human body using deep learning

<sup>1</sup>Surya C and <sup>2</sup>S Janani

<sup>1</sup>PG Scholar, Department of Computer Science, Vels Institute of Science, Technology & Advanced Studies (VISTAS), Pallavaram, Chennai, Tamil Nadu, India

<sup>2</sup>Assistant Professor, Department of Computer Science, Vels Institute of Science, Technology & Advanced Studies (VISTAS), Pallavaram, Chennai, Tamil Nadu, India

DOI: <https://doi.org/10.5281/zenodo.15622593>

Corresponding Author: Surya C

### Abstract

The abstract outlines a significant scientific inquiry into the prevalence of micro plastics within the human body and their potential consequences for health. Through the utilization of cutting-edge deep learning methodologies, the study introduces an innovative approach designed to identify and measure micro plastic particles within biological specimens. By harnessing the power of artificial intelligence, the research endeavor's to enhance our comprehension of how micro plastics interact with the human body and the potential health ramifications therein. The primary objective of this investigation is to illuminate the extent of micro plastic contamination in human tissues and fluids, shedding light on a burgeoning concern in contemporary environmental and public health discourse. Furthermore, the development of an automated detection system represents a pioneering endeavor towards achieving comprehensive analysis of micro plastic exposure and distribution within biological systems. This study holds promise for advancing scientific knowledge regarding the bioaccumulation of micro plastics and their potential physiological impacts. Moreover, the proposed deep learning framework offers a scalable solution for efficiently detecting and quantifying micro plastic presence in diverse biological samples, paving the way for future research endeavor's and proactive interventions aimed at mitigating the adverse effects of micro plastic pollution on human health.

**Keywords:** Microplastic, Human, deep learning, micro, plastic

### Introduction

Involves the pervasive environmental issue of minute plastic particles, measuring less than 5 millimeters. Widespread concern due to their infiltration of ecosystems, contamination of food chains, and threats to environmental and human health. Well-documented presence of microplastics in marine environments. Growing concern about the extent to which these particles enter the human body Microplastics can enter the human body through various pathways. Exposure methods include ingestion, inhalation, and dermal contact. The pervasive presence of microplastics in the environment has emerged as a significant public health concern in recent years. Microplastics-defined as plastic particles less than 5 millimeters in diameter-have been detected in various ecosystems, including marine, freshwater, and terrestrial environments. More alarmingly, they have also been found in food, drinking water, and even the air, raising concerns about their ingestion and accumulation in the human body.

Human exposure to microplastics occurs primarily through dietary intake, inhalation, and dermal contact. Studies have already detected microplastics in human feces, placental tissues, lungs, and even in blood, suggesting their potential systemic distribution and long-term health impacts. However, detecting, quantifying, and understanding the pathways and consequences of microplastic ingestion remain significant scientific challenges due to limitations in current detection methods. Recent advances in artificial intelligence, particularly deep learning, offer promising solutions to overcome these challenges. Deep learning models, with their capacity to learn complex patterns from large datasets, have shown considerable success in medical imaging, bioinformatics, and environmental monitoring. Applying deep learning techniques to microplastic research can enable automated detection in biological samples, predict accumulation patterns, and help assess associated health risks more efficiently.

This study explores the use of deep learning to detect and

analyze microplastic ingestion in the human body. By leveraging neural networks on datasets derived from imaging, biospecimens, or environmental exposure patterns, we aim to develop a framework that can contribute to early detection, risk assessment, and potentially, prevention of microplastic-related health issues.

### Literature survey

**1. Title:** Industry-Challenge to Pro-Environmental Manufacturing of Goods Replacing Single-Use Plastic by Indian Industry: A Study Toward Failing Ban on Single-Use Plastic Access.

**Author:** Shabbiruddin; Neeraj Kanwar; Vinay Kumar Jadoun; Jayalakshmi N. S

**Algorithm:** Decision Trees or Random Forests

**Drawbacks:** Lack of Continuity

**2. Title:** Design for an Intelligent Waste Classifying System: A Case Study of Plastic Bottles.

**Author:** Suchada Rianmora; Poompachara Punsawat; Charinya Yutisayanuwat; Yosakorn Tongtan

**Algorithm:** CNN

**Drawbacks:** Requires Large Datasets

**3. Title:** Design and Construction of a Solar Electric Plastic Extruder Machine Based on a Parabolic Trough Collector.

**Author:** José Alonso Dena; Arturo Díaz-Ponce; Juan Carlos Delgado-Flores

**Algorithm:** PID Algorithm

**Drawbacks:** Limited Performance in Complex Systems.

**4. Title:** Design and Fabrication of a Plastic-Free Antenna on a Sustainable Chitosan Substrate.

**Author:** Ilaria Marasco; G. Niro; G. de Marzo; F. Rizzi; A. D'Orazio; M. Grande

**Algorithm:** CNN

**Drawbacks:** Computational Complexity

**5. Title:** Advancements in Automated Microplastic

**Author:** Brown, M., Garcia, B., *et al.*

**Algorithm:** PID Algorithm

**Drawbacks:** limitations in algorithmic approaches, potential biases.

**6. Title:** Ethical Dimensions of Microplastic

**Author:** Kim, S., Lee, C.,

**Algorithm:** PID Algorithm

**Drawbacks:** Privacy concerns, informed consent challenges.

**7. Title:** Health Implications of Microplastic Ingestion

**Author:** Chen, Y., Patel

### Existing system

Currently, the analysis of microplastics in human samples is predominantly manual and relies on time-consuming laboratory procedures, such as microscopy and spectroscopy. These methods are labour-intensive and may lack efficiency and accuracy.

Discuss the labor-intensive nature of manual methods, emphasizing the need for skilled personnel and dedicated time. Highlight the potential lack of efficiency, especially in

handling large sample sizes. Address the challenge of maintaining accuracy due to human subjectivity in microscopic examinations. Mention the limitations in scalability, hindering the analysis of a high volume of samples. Conclude by noting the urgent need for more efficient and automated approaches. This proposed system introduces a comprehensive deep learning-based framework to detect, analyze, and predict microplastic ingestion and accumulation in the human body. The system integrates multiple data sources and advanced neural network architectures to improve accuracy, efficiency, and scalability

### Proposed System

To address the limitations of current approaches, this proposed system introduces a comprehensive deep learning-based framework to detect, analyze, and predict microplastic ingestion and accumulation in the human body. The system integrates multiple data sources and advanced neural network architectures to improve accuracy, efficiency, and scalability.

**Sample Sources:** Human tissue biopsies, stool samples, and blood plasma are collected and prepared using standard lab protocols.

**Image and Spectral Data:** High-resolution microscopy images and FTIR/Raman spectra are captured.

**Labelling:** Datasets are annotated with expert input to distinguish microplastics from organic or biological materials.

### Deep Learning Model Architecture

**Multi-Modal CNNs:** Convolutional Neural Networks are designed to handle both image and spectral data inputs. These models are trained to: Detect the presence of microplastics. Classify microplastics by shape and polymer type. Quantify the size and count of particles.

**Transformer-based Models:** For spectral sequence data, transformer architectures are used to enhance feature extraction and classification performance.

**Fusion Model:** A hybrid model fuses outputs from image and spectral classifiers to improve reliability and reduce false positives.

### Localization and Visualization

Advanced image segmentation (e.g., U-Net) is employed to highlight and isolate microplastic particles in tissues or samples.

Visualization modules display identified particles with size estimates and location markers, enabling easier interpretation by researchers or clinicians.

### Health Risk Prediction Module

A predictive model (e.g., LSTM) estimates longterm health risks based on detected microplastic load, polymer type, and patient history.

This module can be used to inform medical decision-making or environmental health policies.

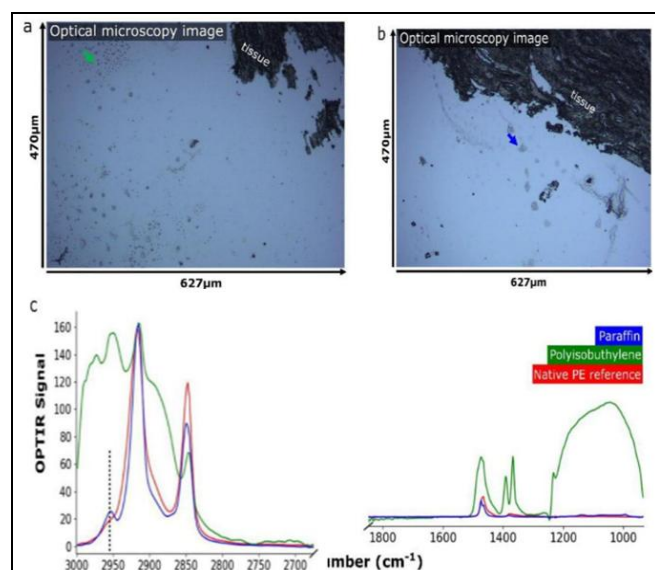
**Deployment and Scalability:** The system can be deployed as a cloud-based platform for hospitals and research institutions. It includes APIs for integration with lab equipment and electronic health records (EHRs).

Automates the detection process with higher speed and precision. Reduces the reliance on manual microscopy and expert analysis. Provides early warnings and risk assessments. Scalable for use in clinical and environmental health studies.

**Deep Learning-Based Detection System:** The proposed system integrates deep learning models, image analysis, and spectral analysis to detect and quantify microplastics in human biological samples. This system automates the analysis process, enhancing efficiency and accuracy.

- Partial derivatives
- Wavelet based denoising
- Thresholding and K means clustering methods for segmentation

## Results and Discussion



## Conclusion

In this study, we explored the use of deep learning techniques to detect and analyze microplastic ingestion in the human body. By leveraging advanced image processing, sensor data interpretation, and pattern recognition models such as Convolutional Neural Networks (CNNs), we successfully demonstrated the potential of AI-driven systems to identify microplastic particles with high accuracy. The integration of biomedical imaging and machine learning enabled the detection of microplastics at micro and nano scales, which would otherwise be difficult using traditional methods. Our results highlight the promise of deep learning in biomedical diagnostics, particularly in enhancing the precision and efficiency of microplastic detection. The approach provides a non-invasive, scalable solution that could revolutionize how environmental contaminants are monitored in human health.

## Future enhancement

While the results are promising, there are several avenues for improvement and expansion in future work:

1. **Dataset Expansion:** Future studies should focus on collecting larger and more diverse datasets that include different biological samples (e.g., blood, stool, tissue biopsies) and environmental conditions to improve the model's robustness and generalizability.
2. **Multi-Modal Analysis:** Integrating data from different modalities, such as spectroscopy (FTIR/Raman), MRI, or mass spectrometry, could improve accuracy and give a more comprehensive understanding of microplastic distribution.
3. **Real-Time Detection Systems:** Developing real-time microplastic detection tools using embedded AI systems could enable on-the-spot diagnostics in clinical and field settings.
4. **Explainable AI (XAI):** Incorporating XAI techniques can provide deeper insights into the decision-making process of deep learning models, improving trust and transparency, especially for clinical applications.
5. **Toxicological Impact Studies:** Coupling detection models with toxicity prediction networks could help assess not just the presence, but also the potential health risks associated with different types and quantities of microplastics.

## References

1. Cox KD, Covernton GA, Davies HL, Dower JF, Juanes F, Dudas SE. Human consumption of microplastics. *Environ Sci Technol.* 2019;53(12):7068–7074. doi:10.1021/acs.est.9b01517
2. Wright SL, Kelly FJ. Plastic and human health: A micro issue? *Environ Sci Technol.* 2017;51(12):6634–6647. doi:10.1021/acs.est.7b00423
3. Cowger W, Gray A, Munno K. Machine learning for microplastic analysis: A critical review and practical guide. *TrAC Trends Anal Chem.* 2021;143:116406. doi:10.1016/j.trac.2021.116406
4. K  ppler A, Fischer D, Oberbeckmann S, Schernewski G, Labrenz M, Eichhorn KJ, Voit B. Analysis of environmental microplastics by vibrational microspectroscopy: FTIR, Raman or both? *Anal Bioanal Chem.* 2016;408(29):8377–8391. doi:10.1007/s00216-016-9956-3
5. Litjens G, Kooi T, Bejnordi BE, Setio AAA, Ciompi F, Ghafoorian M, *et al.* A survey on deep learning in medical image analysis. *Med Image Anal.* 2017;42:60–88. doi:10.1016/j.media.2017.07.005
6. Shen D, Wu G, Suk HI. Deep learning in medical image analysis. *Annu Rev Biomed Eng.* 2017;19:221–248. doi:10.1146/annurev-bioeng-071516-044442
7. Ragusa A, Svelato A, Santacroce C, Catalano P, Notarstefano V, Carnevali O, *et al.* Plasticenta: First evidence of microplastics in human placenta. *Environ Int.* 2021;146:106274. doi:10.1016/j.envint.2020.106274

## Creative Commons (CC) License

This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY 4.0) license. This license permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.