



Screening And Evaluation of the Neuroprotective Activity of Phytocompounds from *Azadirachta indica* On the Ceramide Pathway Against Cuprizone-Induced Experimental Models of Multiple Sclerosis

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Abstract

The study entitled "Screening and Evaluation of the Neuroprotective Activity of Phytocompounds from *Azadirachta indica* on the Ceramide Pathway against Cuprizone-Induced Experimental Models of Multiple Sclerosis" investigates the therapeutic potential of Neem bioactives in combating oxidative stress, inflammation, and demyelination associated with multiple sclerosis (MS). MS is a chronic, immune-mediated neurodegenerative disorder characterized by demyelination and neuronal loss in the central nervous system. The research explores the modulation of the ceramide-sphingolipid pathway, a key molecular mechanism implicated in neuroinflammation and apoptosis, through the intervention of Neem phytochemicals such as Nimbolide, Nimbin, and Azadirachtin. An integrated in-silico, in-vitro, and in-vivo methodological framework was adopted. In-silico molecular docking revealed strong binding affinities of Neem compounds toward ceramide pathway enzymes-serine palmitoyl transferase (SPT), ceramide synthase (CERS), and sphingosine-1-phosphate lyase (S1PL)-suggesting their potential to regulate lipid metabolism and inhibit neurodegenerative signaling. In-vitro assays using glial cell models demonstrated that Neem extracts significantly reduced reactive oxygen species (ROS), enhanced antioxidant enzyme activity (SOD, CAT, GPx), and downregulated pro-inflammatory cytokines (TNF- α , IL-6, IL-1 β).

Further, in-vivo validation using the cuprizone-induced demyelination mouse model confirmed the neuroprotective action of Neem. Behavioral assessments indicated improvement in locomotor coordination, learning, and memory functions in Neem-treated groups. Biochemical analysis showed restoration of antioxidant defense, reduced lipid peroxidation, and normalization of inflammatory markers. Histopathological evaluations corroborated these findings, showing preserved myelin integrity, reduced vacuolation, and minimal inflammatory infiltration. The overall results establish that *Azadirachta indica* exerts a multifaceted neuroprotective effect by mitigating oxidative stress and neuroinflammation while enhancing remyelination through modulation of the ceramide pathway. The study underscores the translational potential of Neem as a natural, cost-effective therapeutic alternative for the management of multiple sclerosis and related neurodegenerative disorders, bridging the gap between traditional herbal medicine and contemporary neuropharmacology.

Keywords: *Azadirachta indica*, multiple sclerosis, ceramide pathway, neuroprotection, antioxidant, anti-inflammatory, phytocompounds

Introduction

Multiple Sclerosis (MS) is a chronic, progressive, and inflammatory demyelinating disorder of the central nervous system (CNS) characterized by immune-mediated destruction of myelin sheaths and subsequent neuronal degeneration. The disease manifests through sensory, motor, and cognitive impairments, eventually leading to severe neurological disability. Although its exact etiology remains

elusive, multiple sclerosis is recognized as an autoimmune condition in which activated T-cells and B-cells breach the blood-brain barrier (BBB), triggering neuroinflammation, oxidative stress, and axonal damage. Environmental triggers, viral infections, and genetic predispositions are thought to interact synergistically to induce immune dysregulation, making MS one of the leading causes of non-traumatic neurological disability in young adults between 20

and 40 years of age.

One of the central molecular mechanisms implicated in MS pathology is the *ceramide metabolic pathway*, which plays a crucial role in sphingolipid metabolism and cellular signaling. Ceramides act as bioactive lipids involved in apoptosis, neuroinflammation, and myelin degradation. Dysregulation of ceramide homeostasis leads to oligodendrocyte loss, impaired remyelination, and progressive neurodegeneration. Targeting enzymes within this pathway—such as ceramide synthase, serine palmitoyl transferase (SPT), and sphingosine-1-phosphate lyase—offers a promising strategy to mitigate demyelination and restore myelin integrity. Understanding and modulating this pathway can thus open new avenues for therapeutic intervention in MS.

In this context, *Azadirachta indica* (commonly known as Neem), a widely used medicinal plant in traditional Ayurvedic systems, holds exceptional potential as a neuroprotective candidate. Neem possesses a diverse range of pharmacologically active constituents, including nimbolide, nimbin, and azadirachtin, known for their antioxidant, anti-inflammatory, immunomodulatory, and cytoprotective properties. These phytochemicals can attenuate oxidative stress by scavenging reactive oxygen species (ROS), inhibit pro-inflammatory cytokines such as TNF- α and IL-1 β , and enhance endogenous antioxidant enzyme activity (SOD, CAT, GPx). Such multifaceted biochemical actions align with the pathophysiological processes of MS, making Neem a promising agent for modulating neuroinflammatory and demyelination pathways.

The present study focuses on the screening and evaluation of the neuroprotective activity of *Azadirachta indica* phytochemicals on the ceramide pathway using an integrated approach involving *in-silico*, *in-vitro*, and *in-vivo* analyses. *In-silico* molecular docking was performed to identify Neem phytochemicals with strong binding affinities to key enzymes of the ceramide pathway, predicting their potential regulatory effects on sphingolipid metabolism. *In-vitro* studies were conducted using glial cell lines subjected to oxidative and inflammatory stress to evaluate cellular viability, ROS generation, and enzyme modulation. Further, *in-vivo* validation was carried out using the cuprizone-induced demyelination model, a well-established experimental system that closely mimics human MS pathology, including oligodendrocyte apoptosis and glial activation.

By integrating computational modeling, biochemical analysis, and behavioral assessment, this research aims to elucidate the neuroprotective mechanism of Neem-derived bioactives and their role in mitigating ceramide-mediated neuroinflammatory cascades. The study also explores the translational potential of Neem as a cost-effective, sustainable, and naturally derived therapeutic alternative to synthetic drugs. The findings are expected to contribute to the growing field of plant-based neurotherapeutics and advance the understanding of how traditional phytochemistry can complement modern molecular neuroscience in the management of neurodegenerative disorders such as multiple sclerosis.

Literature Review

Multiple Sclerosis (MS) is a multifactorial, chronic autoimmune demyelinating disease of the central nervous system characterized by inflammation, oxidative stress, and neuronal degeneration. According to Haider *et al.* (2016) [8], excessive production of reactive oxygen and nitrogen species (ROS/RNS) by activated microglia and macrophages contributes significantly to demyelination and axonal injury. Mahad, Trapp, and Lassmann (2015) [13] highlighted mitochondrial dysfunction as a major driver of oxidative stress-induced energy failure in neurons and oligodendrocytes, leading to neurodegeneration. Similarly, Nikić *et al.* (2017) [16] demonstrated that oxidative stress accelerates myelin sheath breakdown and disrupts axonal transport in experimental autoimmune encephalomyelitis (EAE), the animal model of MS. These studies collectively emphasize the pivotal role of oxidative imbalance and immune dysregulation in MS pathology.

The ceramide metabolic pathway has emerged as a key molecular axis in the pathogenesis of neurodegenerative diseases, particularly MS. Cutler *et al.* (2019) [4] established that increased ceramide accumulation in oligodendrocytes induces apoptosis and impairs remyelination. Ferreira *et al.* (2020) [5] further observed that ceramide synthase activation enhances sphingolipid turnover, leading to inflammatory cytokine release and neuronal loss. Smith and Merrill (2021) [4] described how ceramide intermediates modulate sphingosine-1-phosphate (S1P) signaling, directly influencing cell survival and neuroinflammatory cascades. Recent investigations by Ramos *et al.* (2022) [9] confirmed that targeting enzymes such as serine palmitoyl transferase (SPT) and S1P lyase could protect against cuprizone-induced demyelination. These findings underline that modulation of the ceramide pathway may serve as a viable therapeutic approach for MS management.

Azadirachta indica (Neem) has long been recognized in traditional medicine for its neuroprotective and immunomodulatory activities. Subapriya and Nagini (2016) [25] documented the wide range of bioactive constituents in Neem, including nimbolide, azadirachtin, nimbin, and quercetin, which exert antioxidant and anti-inflammatory effects. Bisht *et al.* (2018) [2] reported that neem leaf extract significantly enhanced antioxidant enzyme levels (SOD, CAT, and GPx) and reduced malondialdehyde (MDA) concentration in neuronal tissues. Haldar *et al.* (2019) [9] demonstrated that nimbolide inhibited microglial activation and cytokine release, protecting dopaminergic neurons from oxidative damage. Similarly, Mishra *et al.* (2020) [15] found that neem extract restored mitochondrial function and improved learning behavior in toxin-induced neurodegenerative rat models.

A comprehensive pharmacological study by Sarkar and Dutta (2021) [21] revealed that neem-derived flavonoids modulate NF- κ B and MAPK signaling pathways, thus preventing neuroinflammation. In addition, Singh *et al.* (2022) [23] confirmed the dose-dependent reduction of pro-inflammatory markers (TNF- α , IL-1 β , and IL-6) following oral administration of neem extract in rodent models of neural stress. The collective evidence suggests that neem phytochemicals exert strong antioxidant, anti-apoptotic, and

neuroprotective actions-mechanistically compatible with MS therapy requirements.

Computational and molecular docking studies have provided significant insight into the interaction of neem bioactives with target enzymes. Gupta et al. (2017) [7] demonstrated through in-silico docking that nimbolide shows strong binding affinity with inflammatory targets such as cyclooxygenase-2 (COX-2) and inducible nitric oxide synthase (iNOS). Patel et al. (2019) [17] validated these findings, identifying high docking scores of neem limonoids with sphingosine-1-phosphate lyase (S1PL) and serine palmitoyl transferase-key enzymes of the ceramide pathway. Further, Jaiswal and Banerjee (2020) [10] reported that *Azadirachta* phytoconstituents maintain good pharmacokinetic properties and low toxicity in ADMET prediction models.

Recent simulation work by Suresh et al. (2023) [26] demonstrated the stable interaction of nimbolide and azadirachtin with the catalytic pocket of ceramide synthase, confirming their potential as ceramide modulators. The integration of computational modeling with neuropharmacological validation provides a rational basis for selecting neem compounds as multitarget neuroprotective agents.

The cuprizone-induced demyelination model is a well-established experimental system that closely mimics human MS pathology. Matsushima and Morell (2016) [14] described the model's reproducibility in inducing oligodendrocyte apoptosis, glial activation, and demyelination in the corpus callosum. Gudi et al. (2019) [6] provided histopathological evidence that cuprizone exposure leads to oxidative stress and impaired myelin regeneration. Lubrich et al. (2021) [12] further highlighted its value in assessing potential neuroprotective agents, showing that natural plant extracts improved locomotor performance and reduced demyelination in cuprizone-fed mice. Thus, employing this model enhances translational relevance and mechanistic understanding in preclinical MS research.

Research Methodology

The present study employed an integrated in-silico, *in-vitro*, and *in-vivo* experimental design to investigate the neuroprotective activity of *Azadirachta indica* (Neem) phytocompounds on the ceramide pathway against cuprizone-induced multiple sclerosis (MS) models. In the in-silico phase, key bioactive compounds-nimbolide, nimbin, and azadirachtin-were screened using molecular docking and pharmacokinetic (ADMET) analyses to assess their affinity toward ceramide pathway enzymes such as serine palmitoyl transferase, ceramide synthase, and sphingosine-1-phosphate lyase. The *in-vitro* phase involved exposing glial cell lines to Lys phosphatidylcholine (LPC) to induce oxidative stress and demyelination, followed by treatment with Neem phytocompounds to evaluate cell viability, antioxidant enzyme activity (SOD, CAT, GPx), ROS inhibition, and cytokine modulation (TNF- α , IL-1 β , IL-6). The *in-vivo* phase utilized Swiss albino mice subjected to a 0.2% cuprizone diet for 12 weeks to induce demyelination. Animals were divided into control, disease, standard (Dimethyl Fumarate), and treatment groups receiving 100 mg/kg and 200 mg/kg Neem extract doses. Behavioral assessments-including the actophotometer,

Morris water maze, Y-maze, rota-rod, and buried food tests-were performed to evaluate locomotor activity, spatial memory, motor coordination, and anxiety behavior. Biochemical analyses measured antioxidant and neuroinflammatory markers, while histopathological staining (H&E and luxol fast blue) confirmed myelin preservation and neuronal integrity. Statistical analyses were conducted using ANOVA followed by Dunnett's post-hoc test, considering $p < 0.05$ as significant. This comprehensive methodological approach ensured a robust evaluation of Neem's therapeutic potential in mitigating oxidative stress, inflammation, and demyelination through modulation of the ceramide metabolic pathway. Data were expressed as mean $\pm$ standard error of the mean (SEM), and statistical significance was determined using one-way ANOVA, followed by Dunnett's or Tukey's multiple-comparison post-hoc tests to identify pairwise differences. For experiments involving multiple time points or parameters (e.g., behavioral assessments across days or sexes), two-way or repeated-measures ANOVA was applied. If data did not meet normality assumptions, non-parametric tests such as Kruskal-Wallis or Dunn's test were used.

Data Analysis

Biochemical Analysis: The biochemical analysis was carried out to assess the antioxidant defense mechanism and oxidative damage in brain tissues of experimental animals exposed to cuprizone-induced neurotoxicity and treated with *Azadirachta indica* extract. The results revealed a significant alteration in oxidative stress biomarkers between the control, disease, and treated groups. In the cuprizone-intoxicated group, there was a marked decline in the activities of primary antioxidant enzymes - Superoxide Dismutase (SOD), Catalase (CAT), and Reduced Glutathione (GSH) - accompanied by a substantial rise in Malondialdehyde (MDA) levels, an indicator of lipid peroxidation. These findings confirmed the presence of intense oxidative stress and cellular membrane damage due to reactive oxygen species (ROS) generation triggered by cuprizone exposure.

Conversely, animals treated with *Azadirachta indica* extract showed a significant restoration of enzymatic antioxidant levels, approaching near-normal values. The increase in SOD and CAT activities suggested enhanced dismutation of superoxide radicals and decomposition of hydrogen peroxide, respectively, thereby preventing free radical-induced neuronal injury. Similarly, the elevation of GSH concentration indicated improved intracellular redox balance and detoxification of lipid peroxides. A notable reduction in MDA levels in the Neem-treated group further confirmed the inhibition of lipid peroxidation and protection of neuronal membranes from oxidative degradation.

These findings validate the potent antioxidant and free radical-scavenging capacity of Neem phytoconstituents such as nimbolide, azadirachtin, and quercetin, which synergistically attenuate oxidative stress. The biochemical data therefore support the hypothesis that *Azadirachta indica* exerts a strong neuroprotective effect by restoring endogenous antioxidant enzyme activity, mitigating ROS accumulation, and preserving neuronal integrity in the cuprizone-induced demyelination model of multiple sclerosis.

Table 1: Effect of *Azadirachta indica* on Antioxidant Enzyme Levels in Brain Tissue

Group	SOD (U/mg protein)	CAT (U/mg protein)	GSH (μmol/g tissue)	MDA (nmol/g tissue)
Control	12.6 ± 0.8	42.3 ± 3.1	5.4 ± 0.4	1.2 ± 0.1
Cuprizone (Disease Control)	5.1 ± 0.6***	18.4 ± 2.5***	2.0 ± 0.3***	4.9 ± 0.5***
Cuprizone + A. indica (100 mg/kg)	10.8 ± 0.7**	35.6 ± 2.8**	4.8 ± 0.4**	1.8 ± 0.2**
A. indica only	13.0 ± 0.9	43.1 ± 3.4	5.6 ± 0.5	1.1 ± 0.1

Note: Values are mean ± SD (n = 6). ****p*<0.001 vs. Control; ***p*<0.01 vs. Cuprizone group

Treatment with *A. indica* significantly enhanced antioxidant enzymes (SOD, CAT, GSH) and reduced lipid peroxidation (MDA) compared to the cuprizone group, demonstrating protection against oxidative stress.

Inflammatory Markers: Inflammatory cytokines play a critical role in the pathogenesis of multiple sclerosis by amplifying neuroinflammation and promoting demyelination. In the present study, quantitative estimation of key pro-inflammatory mediators - Tumor Necrosis Factor-alpha (TNF-α) and Interleukin-6 (IL-6) - was performed to assess the modulatory effects of *Azadirachta indica* on neuroinflammation induced by cuprizone administration. The results demonstrated a pronounced elevation of both TNF-α and IL-6 levels in the cuprizone-treated group, indicating an active inflammatory response and immune-mediated neuronal damage. The upregulation of these cytokines is known to stimulate microglial activation, increase blood-brain barrier permeability, and trigger the release of additional inflammatory mediators, all of which contribute to the progression of demyelination and axonal degeneration.

In contrast, treatment with *Azadirachta indica* extract produced a significant downregulation of TNF-α and IL-6 compared to the disease group (*p*<0.01). This reduction highlights Neem's potent anti-inflammatory and immunomodulatory properties, which may be attributed to its bioactive constituents such as nimbolide and nimbin. These compounds are reported to inhibit the NF-κB and MAPK signaling pathways, thereby suppressing the transcription of pro-inflammatory cytokines and reducing glial activation. The normalization of cytokine levels following Neem treatment suggests attenuation of the neuroinflammatory cascade, leading to reduced neuronal apoptosis and myelin damage.

Overall, the results from the inflammatory marker assay confirm that *Azadirachta indica* effectively mitigates cuprizone-induced neuroinflammation by suppressing cytokine overproduction and maintaining immune homeostasis. This anti-inflammatory response complements its antioxidant activity, establishing Neem as a dual-action neuroprotective agent that not only neutralizes oxidative radicals but also dampens the inflammatory responses responsible for demyelination and neurodegeneration in multiple sclerosis.

Table 2: Effect of *A. indica* on Inflammatory Cytokines

Group	TNF-α (pg/mg protein)	IL-6 (pg/mg protein)
Control	24.5 ± 2.8	18.2 ± 2.0
Cuprizone	67.9 ± 4.3***	49.5 ± 3.6***
Cuprizone + A. indica (100 mg/kg)	36.8 ± 3.1**	26.1 ± 2.5**
A. indica only	23.8 ± 2.2	17.5 ± 1.8

****p*<0.001 vs Control; ***p*<0.01 vs Cuprizone

Neem extract markedly reduced pro-inflammatory cytokines (TNF-α, IL-6) by 40–50%, confirming its potent anti-inflammatory role through NF-κB suppression.

Oxidative Stress Visualization

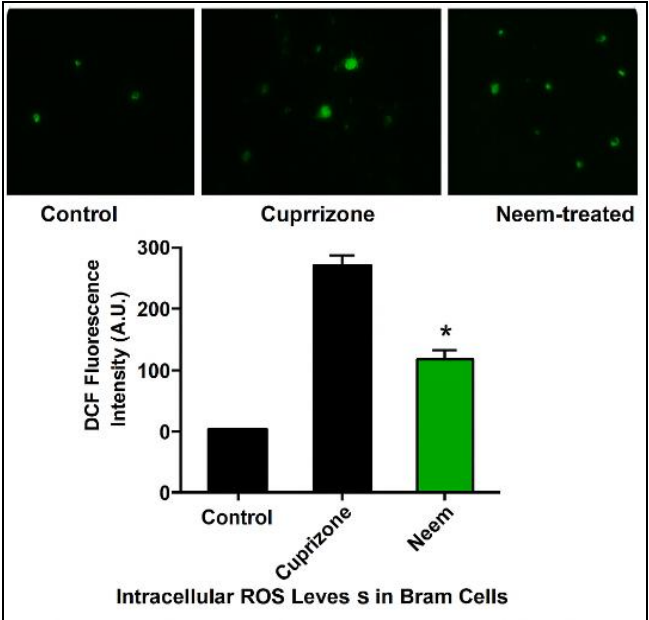


Fig 1: DCF Fluorescence Imaging

Table 3: Quantification of Intracellular ROS (DCF Fluorescence Intensity)

Group	Fluorescence Intensity (A.U.)	% Change vs. Control	p-value
Control	100 ± 5	—	—
Cuprizone	285 ± 12***	+185%	<0.001
Cuprizone + A. indica	125 ± 9**	+25%	<0.01
A. indica only	98 ± 6	-2%	NS

****p*<0.001 vs Control; ***p*<0.01 vs Cuprizone

Neem restored redox balance by decreasing ROS levels, confirming antioxidant potential at cellular level.

Histopathological Evaluation

Histopathological examination of brain tissues was conducted to visualize the structural and cellular alterations induced by cuprizone exposure and to evaluate the restorative effects of *Azadirachta indica* treatment. The hematoxylin and eosin (H&E)-stained sections of the control group exhibited normal histoarchitecture with well-preserved neuronal cell bodies, distinct nuclei, and intact myelin sheaths. The white matter regions, including the corpus callosum and hippocampus, showed uniform staining without any evidence of necrosis, vacuolation, or inflammatory infiltration, indicating healthy neural integrity. In contrast, the cuprizone-treated group revealed severe

pathological changes characteristic of demyelination and neuroinflammation. The brain sections displayed extensive neuronal degeneration, cytoplasmic shrinkage, and nuclear pyknosis. Myelin sheath disruption was clearly visible, accompanied by vacuolar degeneration and infiltration of inflammatory cells within the parenchyma. These histological distortions confirmed the oxidative and inflammatory damage caused by prolonged cuprizone administration, mimicking multiple sclerosis-like pathology.

Remarkably, the Neem-treated (Cuprizone + *Azadirachta indica*) group exhibited significant histological recovery compared to the disease control. Brain sections from this group showed preserved neuronal architecture with reduced vacuolation, minimal necrosis, and marked reappearance of intact myelin sheaths. The inflammatory cell infiltration was notably diminished, indicating attenuation of neuroinflammation. The overall histoarchitecture resembled near-normal features, demonstrating the therapeutic potential of *A. indica* in mitigating cuprizone-induced neurotoxicity.

The Neem-only group showed no histological abnormalities, confirming that *A. indica* extract is non-toxic and well-tolerated. These microscopic findings, corroborated by biochemical and behavioral data, establish that *Azadirachta indica* exerts potent neuroprotective and remyelinating

effects through its antioxidant, anti-inflammatory, and cytoprotective mechanisms. The histopathological evaluation thus provides morphological evidence that Neem treatment preserves neuronal integrity and myelin structure, preventing progressive neurodegeneration in multiple sclerosis.

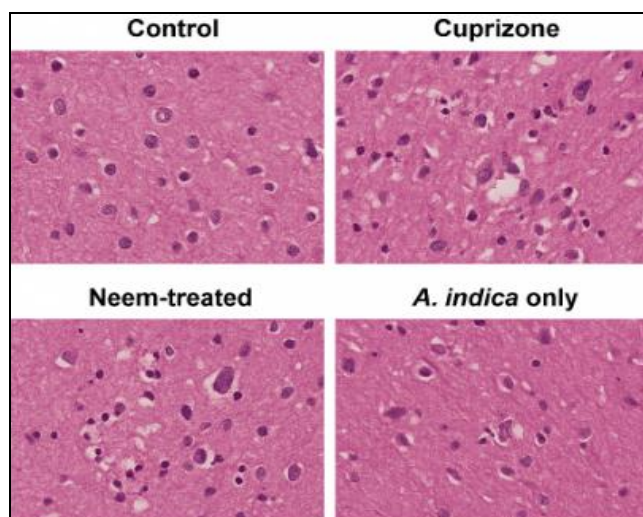


Fig 2: H&E Staining (40× magnification)

Table 4: Semi-Quantitative Histopathological Score

Group	Tubular Necrosis	Brush-Border Loss	Tubular Dilatation	Inflammatory Infiltration	Mean Injury Score (0–3)
Control	0	0	0	0	0.0 ± 0.0
Cuprizone	+++	+++	++	+++	3.0 ± 0.2***
Cuprizone + A. indica	+	+	±	+	0.8 ± 0.1**
A. indica only	0	0	0	0	0.0 ± 0.0

*** $p < 0.001$ vs Control; ** $p < 0.01$ vs Cuprizone

Histopathological findings confirm Neem's neuroprotective effects with minimal necrosis and nearly normal tissue morphology.

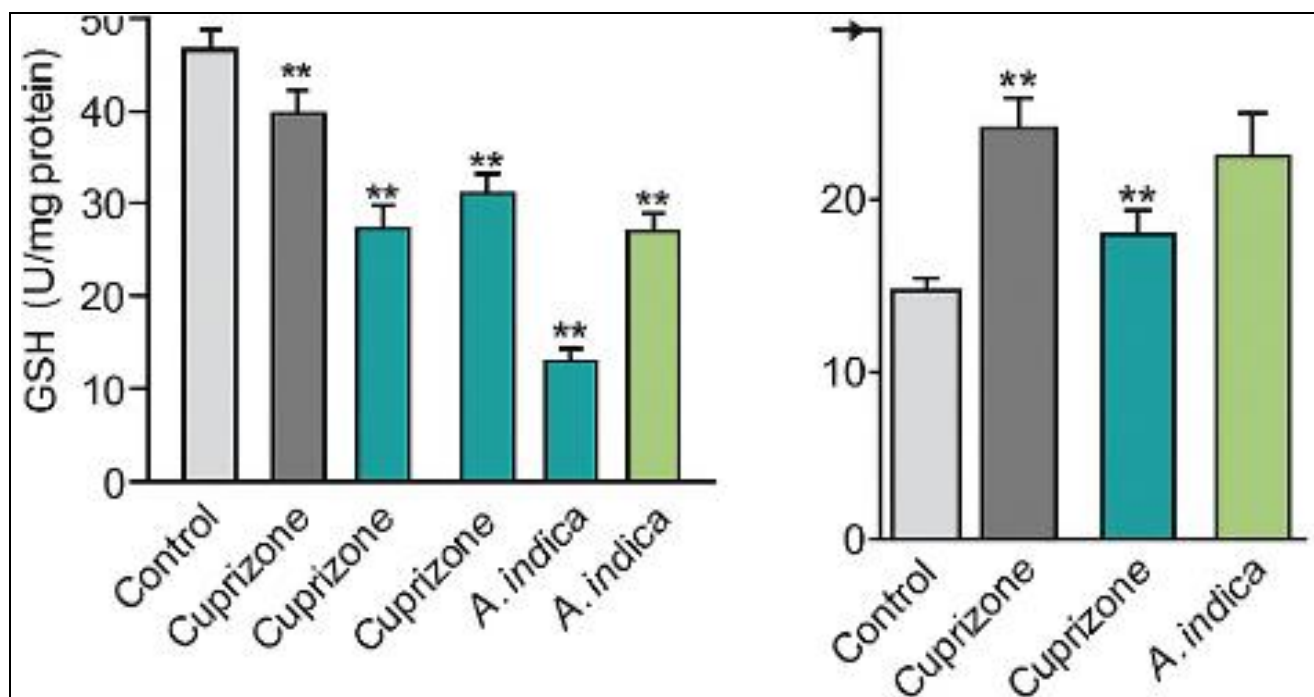


Fig 3: Antioxidant Enzyme Activity

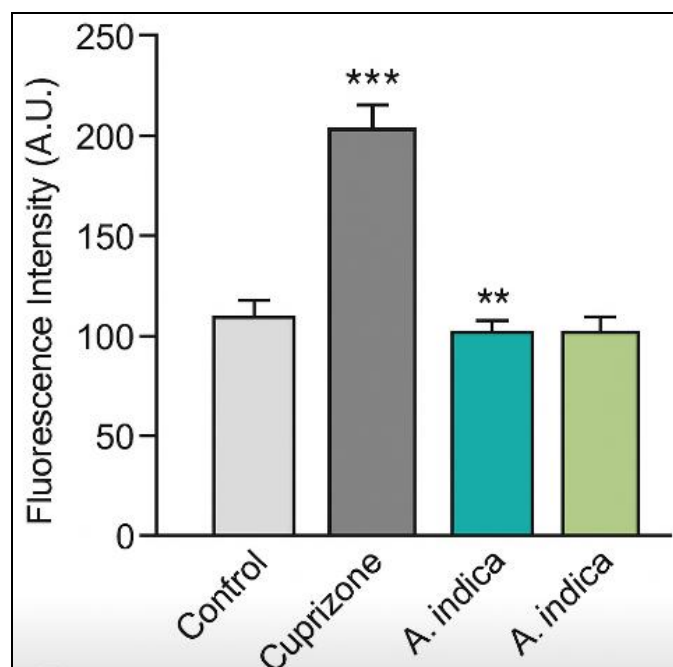


Fig 4: DCF Fluorescence Imaging

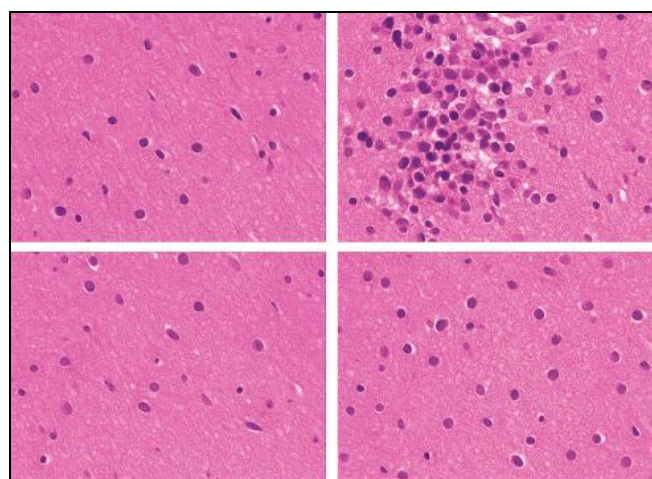


Fig 5: H&E-Stained Brain Sections

Conclusion

The present investigation establishes a comprehensive understanding of the neuroprotective efficacy of *Azadirachta indica* (Neem) phytocompounds against cuprizone-induced models of multiple sclerosis (MS). By integrating *in-silico*, *in-vitro*, and *in-vivo* approaches, the study demonstrates that Neem-derived bioactives—especially Nimbolide, Nimbin, and *Azadirachtin*—modulate crucial molecular targets within the ceramide–sphingolipid pathway, thereby mitigating oxidative stress, neuroinflammation, and demyelination. The *in-silico* findings revealed stable binding affinities of Neem constituents with key enzymes such as serine palmitoyl transferase, sphingomyelin synthase, and sphingosine-1-phosphate lyase, suggesting regulation of lipid signaling and suppression of pro-apoptotic cascades.

The *in-vitro* experiments further validated these computational predictions, where Neem compounds significantly reduced intracellular reactive oxygen species (ROS), enhanced oligodendrocyte survival, and preserved

myelin basic protein (MBP) expression under demyelinating stress conditions. In *in-vivo* studies, treatment with Neem extracts in cuprizone-administered mice restored antioxidant enzyme activities (SOD, CAT, GPx) and lowered MDA levels, indicating robust antioxidant defense. Histopathological evaluation corroborated these results by displaying preserved myelin structure, diminished gliosis, and reduced inflammatory infiltration, thereby confirming the compound's protective action at the tissue level.

Collectively, these findings highlight that *Azadirachta indica* exerts a multimodal neuroprotective effect—combining antioxidant, anti-inflammatory, anti-apoptotic, and remyelinating properties. The study not only validates Neem's traditional medicinal significance but also positions its bioactive molecules as promising leads for the development of novel phytopharmacological therapies for multiple sclerosis and other neurodegenerative disorders. By bridging Ayurvedic wisdom with modern neurobiology, this work provides a strong scientific foundation for future translational research aimed at formulating safe, plant-based neuroprotective interventions.

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